

**Training Name:** Firearms

**Course Name:** Dynamic Pistol (In Extremis Performance)

**Dates:** 07/31/2025 - 08/01/2025

**Venue:** Lubbock Police Department Range  
Lubbock, TX 79407

**Price:** \$0

**Instructors:** Kolton Pirkle

## Course Description:

**\*\*This is a free class courtesy of In Extremis Performance! IEP is on-boarding several new instructors to help with the increased demand for classes and this will be an instructor development course in which brand new probationary instructors will teach the majority of the material while being evaluated/counseled by an IEP cadre member. There is no tuition fee, however, ammo will not be provided.\*\***

The purpose of this class is to enhance the shooter's ability to perform the fundamentals of shooting and movement on demand. This can only be accomplished by having a deeper understanding of both skills, individually, before using them simultaneously. These skills combined are the core of any OIS.

This class focuses on shooting fundamentals and advances to dynamic movement/shooting. The course will build fundamental concepts while allowing each shooter to increase their performance not only in the class, but understanding how to guide their personal training after the class. Additionally, we will focus on how to move with speed, while maintaining control to better put accurate rounds on target sooner.

This class will optimize each attendee's performance, while directly enhancing skills that are used as a LEO. We prioritize skills needed for officers at the highest level of application for the most important part of their job.

This will be a fairly physical class on day 2 with many short dynamic movements.

## Schedule:

### Day 1:

**0800-0830: Safety Brief/Intro**

**0830-0900: Morning Shooting Warm-Up**

**0900-0930: Body Mechanics/Grip/Vision**

**0930-1200: Overspeed training**

**1200-1300: Lunch**

**1300-1500: Find Your Limits**

**1500-1600: Movement Fundamentals (Dry Fire)**

### Day 2:

**0800-0830: Safety Brief/Recap**

**0830-1030: Movement Fundamentals**

**1030-1200: Shooting on the Move, Distance Variance & Visual Barriers**

**1200-1300: Lunch**

**1300-1500: Advanced Movement**

**1500-1700: Culminating Movement Drills**

## Equipment list:

-Range gear **\*\*You do NOT need plate carrier, but may need soft vest depending on range rules/no helmet needed\*\***

-Gun belt with mag pouches and holster for pistol

- Pistol with minimum 3 mags
- Pistol: 750 rounds minimum, 1000 rounds preferred
- Eye/Ear Pro
- Water bottle, notebook/pen for notes

Students must be certified peace officers or active military personnel. Inquiries regarding the course can be directed to [Kolton.pirkle@ttpoa.org](mailto:Kolton.pirkle@ttpoa.org).

### **Lubbock Police Department Shooting Range**

**11648 SH-114 W**

**Lubbock, TX 79407**

### **Training Description:**

TTPOA believes in bringing in some of the best instructors in the country to share their knowledge and experience. If you have requests for a specific instructor or course, contact your [Regional Director](#).